

WETLANDS AND CLIMATE CHANGE

WORLD WETLANDS DAY 2024 THEME: WETLANDS AND HUMAN WELL BEING

Wetlands provide natural infrastructure that delivers a wide range of services that are vital for human well being. If healthy, they provide cities and their residents with multiple economic, social and cultural benefits that support human wellbeing.



Wetland biodiversity, such as wild animals, fish and plants are a **source of food** for many communities.

Wetlands **supply water** for household use, livestock drinking, irrigation, industry and cultural purposes.



Wetlands purify water by trapping sediment, removing nutrients and detoxifying chemicals thus making water safer for use.

Wetlands act as buffers, absorbing excess water during storms and preventing floods downstream. They also act as barriers for storm surges in coastal cities.



Wetlands provide opportunities for popular recreational activities such as boating, bird watching, fishing, hunting and hiking

Climate change poses a risk to wetlands, which is a threat to human well being. Investing in their protection and restoration means investing in the future of humanity as only healthy wetlands will continue to buffer humans against the impacts of extreme weather events and mitigate against climate change.

